## S T A R T E R S

**Speciality Homemade Soup of the Day** - harvested mainly from our own seasonal greenhouse on site

(Please ask your server about allergens for this dish)

**Fiachra Moran’s Black Pudding Bon Bon’s -** Ballymaloe relish & crisp apple salad with organic greens

G-Wheat, Oat, Barley, EG, DY, CY, MD)

**Galway Goat’s Cheese & Oven Roasted Tomato Tartlet -** home-made apple chutney, pickled organic courgette & carrot salad

(G-Wheat, EG, DY, SP, MD, LP)

**Vegan Grilled Poached Pear -** oven dried tomato and walnut salad, organic greens, Balsamic & Lakeshore wholegrain mustard dressing

(SP, MD, TN-Walnut)

**Grilled Downpatrick Head Octopus -** artichoke, cherry tomatoes, green olives, baby gem cos & Joe Kelly’s organic greens

(CY, SP, MD, MS)

**Rooiboss Tea Smoked Silverhill Duck Breast -** with red wine reduction glaze, blueberries & organic salad greens tossed in a raspberry vinegar, vanilla seed & green apple dressing

(SP)

Risotto flavoured with homeamade Downpatrick-Head Lobster Bisque -

seared Clewbay scallops, fresh parmesan shavings and white truffle oil

(DY, CY, SP, FH, CS)

€9.50

€12.95

€12.95

€11.95

€17.95

Supp. €5

€17.95

Supp. €5

€19.95

Supp. €5

**If you would like information on ingredients within our menu items in relation to allergens or food intolerance, please ask a member of staff who will be able to assist you.**

G-Gluten, EG-Egg, DY-Dairy, SY-Soy, CY-Celery,

SP-Sulphites, MD-Mustard, FH-Fish, CS-Crustaceans, MS-Molluscs, PN-Peanuts, TN-Tree Nuts, SE Sesame, LP-Lupin

**Local Suppliers Includes:**

Joe Kelly Organic Greens and vegetables , Claremorris Breaffy House Garden & Poly Tunnel, Breaffy Fiachra Moran & Sons Butchers, Ballycarra

Joe Garvin Seafood Fisheries, Ballina Lakeshore Mustards, Co. Meath

Lavin’s Fruit & Vegetables, Keelcoil, Breaffy Gorman Mushrooms, Co. Offally

Glenown Ice Cream, Fermoy, Co Cork

## M A I N S

Breaffy House Resort Exclusive Atlantic Lobster or European Spiny

Lobster

€55.00

**Lobster (Crayfish) -** fresh from our tank; a la “Béarnaise Thermidor” or oven baked with Fresh garlic, parsley & lemon Irish Butter, crispy calamari, salad greens, savoury rice & grilled lemon

(EG, DY, CY, SP, MD, CS, MS) (Not included on the package menu)

**House speciality 10oz Slow Braised Irish Hereford Beef Featherblade**, braising sauce & creamed potato

(DY, CY, SP)

**Duo of Grilled Seabass Fillets & Clewbay Mussels** - in lemon beurre blanc, creamed potato & grilled lemon

(DY, CY, SP, FH, MS)

Crayfish €75.00

€25.00

€25.50

**Grilled Thyme & Garlic infused Supreme of Chicken -** butternut puree, creamed potato & red wine jus reduction

(DY, CY, SP)

**Breaffy House Honey Glazed Half Roast Duck** - braised Savoy cabbage, creamed potato & Red currant jelly jus

(CY, SP, MD, MS)

**Vegan Butternut, Fresh Coriander, Red Lentil & Coconut Dahl**, steamed basmati & crisp poppadum

**Oven Roasted Mayo Atlantic Coast Monkfish** - marinated in rosemary & garlic, fondant potato, seared peppers and onions, red pepper pesto

(CY, FH)

**Slaney Valley Irish Lamb Deboned Double Cutlet** - “Barnsley” style chop, creamed potato, minted petit pois and port jus

(CY, SP)

**Grilled 8oz Irish Hereford Rib Eye Steak** - Garyhinch Forest Oyster Mushroom, fondant potato & black pepper sauce

(DY, CY, SP)

**Grilled Fillet of Irish Beef**, home-made Downpatrick Head lobster wantons, fondant potato, Béarnaise sauce & jus

(G-Wheat, EG, DY, CY, SP, CS)

€25.50

€25.50

€20.95

€29.50

Supp €5

€34.95

Supp €10

€34.95

Supp €10

€38.50

Supp €12.50

All served with Chef’s Seasonal vegetables

## D E S S E R T

|  |  |
| --- | --- |
| **Warm Apple & Berry Crumble** - wild berry compote and Glenown VanillaBean Ice Cream | **€12.95** |
| (G-Wheat, EG, DY, SP) |  |
| **Vegan Fresh Summer Wild Berries Macerated with Sweet Lime** - served with Glenown Vegan Vanilla Ice-Cream | **€12.50** |
| **Warm Chocolate Fondant, Chocolate Soil -** Macerated Strawberries & Glenown Strawberry Ice-Cream | **€12.95** |
| (G-Wheat, EG, DY, SY) |  |
| **Gluten Free Triple Chocolate & Walnut Brownie - C**hocolate Crumb and Glenown Chocolate Ice Cream(G-Wheat, EG, DY, SY, TN-Walnut) | **€12.00** |
| **Lemon Cream Cookie Cup** - Raspberry Coulis, Crème Anglaise and Glenown Vanilla Bean Ice-Cream | **€12.00** |
| (G-Wheat, EG, DY, SY) |  |
| **Selection of Glenown Irish Ice-Creams from Fermoy County Cork** | **€9.95** |
| (DY) |  |
| **Cheesecake of the Day** | **€11.50** |
| (Please ask your server about allergens for this dish) |  |
| **Selection of Irish Cheeses, Chutneys, Fresh Fruit & Crackers** | **€13.50** |
| (G-Wheat, DY, SY, CY, SP, MD, SE) | **Supp €3** |

**If you would like information on ingredients within our menu items in relation to allergens or food intolerance, please ask a member of staff who will be able to assist you.**

G-Gluten, EG-Egg, DY-Dairy, SY-Soy, CY-Celery,

SP-Sulphites, MD-Mustard, FH-Fish, CS-Crustaceans, MS-Molluscs, PN-Peanuts, TN-Tree Nuts, SE Sesame, LP-Lupin

**Local Suppliers Includes:**

Joe Kelly Organic Greens and vegetables , Claremorris Breaffy House Garden & Poly Tunnel, Breaffy Fiachra Moran & Sons Butchers, Ballycarra

Joe Garvin Seafood Fisheries, Ballina Lakeshore Mustards, Co. Meath

Lavin’s Fruit & Vegetables, Keelcoil, Breaffy Gorman Mushrooms, Co. Offally

Glenown Ice Cream, Fermoy, Co Cork

**S T A R T E R S - € 4 . 5 0**

Mini Soup & Freshly Baked Bread

(G-Wheat, DY, SY, CY, SE)

Fan of Melon

## M A I N S - € 7 . 9 5

Penne Pasta

with a creamy tomato sauce

(G-Wheat, SY, CY)

Mini Roast of the Day

with chunky fries or mash

(DY, SY, CY)

Chicken Goujons

with chunky fries or mash

(G - Wheat, EG, DY, SY)

Cod Goujons

with chunky fries or mash

(G - Wheat, EG, DY, SY, FH)

Bangers & Mash

(G - Wheat, DY, SY)

Kiddies Healy Mac Burger

4oz burger with cheddar cheese & burger sauce served with fries

(G-Wheat, EG, DY, SY, CY, SP, MD, SE)

## D E S S E R T S - € 4 . 5 0

Selection of Ice-Cream

Chocolate, Vanilla, Strawberry

(DY)

Strawberry Jelly & Ice-Cream

(DY)

Warm Chocolate Brownie

with Vanilla Ice-Cream

(G-Wheat, DY, SY, TN-Walnut)

**If you would like information on ingredients within our menu items in relation to allergens or food intolerance, please ask a member of staff who will be able to assist you.**

G-Gluten, EG-Egg, DY-Dairy, SY-Soy, CY-Celery,

SP-Sulphites, MD-Mustard, FH-Fish, CS-Crustaceans, MS-Molluscs, PN-Peanuts, TN-Tree Nuts, SE Sesame, LP-Lupin

**Local Suppliers Includes:**

Joe Kelly Organic Greens and vegetables , Claremorris Breaffy House Garden & Poly Tunnel, Breaffy Fiachra Moran & Sons Butchers, Ballycarra

Joe Garvin Seafood Fisheries, Ballina Lakeshore Mustards, Co. Meath

Lavin’s Fruit & Vegetables, Keelcoil, Breaffy Gorman Mushrooms, Co. Offally

Glenown Ice Cream, Fermoy, Co Cork

Mulberry Restaurant

# I N B R E A F F Y H O U S E R E S O R T

The name originated from the Mulberry Tree located next to the Restaurant which you can see while dining.

With a relaxed and welcoming ambiance it offers tastefully designed menus. All of the dishes are custom made using only local produce and offer a wide range of choice.

With our dedicated waiting staff and our team of skilled Chef’s, we endeavour to make your dining experience memorable at the Mulberry Restaurant.

We hope you enjoy your meal in the Mulberry Restaurant!

